

### 27.08.2021

### START THE CONVERSATION.... KEEP IT GOING

Brought to you by Macarthur Wingecarribee Diversity Network



# About MWDN

The Macarthur Wingecarribee Diversity Network (MWDN) is made up of a wide variety of services located across Macarthur and Wingecarribee that support the LGBTQIA+ community. MWDN aims to connect the LGBTQIA+ community to services to encourage help seeking behaviours and social inclusion. Through advocacy and collaboration, MWDN seeks to create safe spaces for the LGBTQIA+ community across the Macarthur and Wingecarribee regions.

### About WIP

Wear It Purple strives to foster supportive, safe, empowering and inclusive environments for rainbow young people.

WIP was founded in 2010 in response to global stories of real teenagers, real heartache and their very real responses. In 2010, several rainbow young people took their own lives following bullying and harassment resulting from the lack of acceptance of their sexuality or gender identity. On August 27th, 2021 celebrate Wear it Purple Day. Be part of a movement that has the potential to save thousands of lives. Be part of this change.

### Gelebrating WIP

Join us for our prescreening LGBTea Party on the 27/08/2021 @ 3pm



https://bit.ly/3iArEmO

Register through the following link to see the exclusive screening of Unsound -

https://www.casulapowerhouse.com/visit/unsound



Tips to celebrate WIP during lockdown

- Download a WIP purple zoom background from the resource pack
- Wear a purple item to one of your online classes
- Brainstorm ways to be an ally to the LGBTQIA+ community
- Create your own Pride Flag
- Listen to music by LGBTQIA+ artists and allies

## Wear it Purple Door Competition

MWDN is holding a door decorating competition to celebrate Wear it Purple. There are prizes to be won!

#### Rules

 Your door does not have to be just purple
but we would recommend that purple should be a key colour.
Designs can be a

physical door or an ilustration of a door

### **Judging Criteria**

While the judges will be encouraged to vote for their favourite, they'll be recommended to rate each entry based on the following: • Creativity

• How well it conveys this year's theme

concept 3. Only one entry per person How well it's decoratedPersonal preference

### How to Enter

Entries are to be submited to the Inclusive Communities website: https://www.inclusivecommunities.com.au/events/ Entries are to be submitted by: 3rd September

# LGBTQIA+ Services for young people

#### QLife

QLife provides Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships. *https://qlife.org.au/contact-us* Phone: 1800 184 527 Webchat Open 3pm – Midnight Everyday

#### Twenty10

We are a Sydney based service working across New South Wales, providing a broad range of specialised services for young people aged 12-25 including housing, mental health, counselling and social support. *https://www.twenty10.org.au/* Twenty10 Phone Support: 02 8594 9555 – Weekdays from 1pm-3pm

#### The Gender Centre



We're here for community health, inclusion and HIV responses for people of diverse sexualities and genders. https://www.acon.org.au/ 414 Elizabeth Street Surry Hills, NSW 2010 Tel: 02 9206 2000 Email: acon@acon.org.au The Gender Centre offers Crisis & transitional accommodation, for youth over the age of 18, Brokerage, Family Support, School Support, Case Management, Counselling service's and Speech Pathology. *https://gendercentre.org.au/servi ces/youth-services* Ground Floor 41-43 Parramatta Road Annandale NSW 2038 PHONE: (02) 9519 -7599 9-4.30pm Monday to Friday

# LGBTQIA+ Services for young people

#### Qheadspace

Did you know that headspace has an amazing online support community? This online space runs weekly chats around many different topics and is led by trained young people and adults, as well as headspace clinicians. It is a chance to connect with others and share resources in a safe and supported way.

Navigating relationships - every 6-10pm qheadspace - for those that identify as LGBTQIA+ every Tuesday 6-10pm General Coping - every Wednesday 6-10pm Yarnspace - a space for those that identify as Aboriginal &/or Torres Strait Islander, every second Thursday 6-10pm To access these weekly chats, head over to: https://headspace.org.au/eheadspace/group-chat/

#### Lifeline

#### **Kids Helpline**

Lifeline is Australia's leading suicide prevention service. We are a national charity providing all Australians experiencing a personal crisis with access to 24-hour crisis support. We are here for you. https://www.lifeline.org.au/ 24/7 Crisis Support: 13 11 14 Lifeline Text: 0477 13 11 14 - 12pm – Midnight Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25. Qualified counsellors at Kids Helpline are available via WebChat, phone or email anytime and for any reason. https://kidshelpline.com.au/ Phone: 1800 55 1800

## LOCAL LGBTQIA+ GROUPS FOR YOUNG PEOPLE

Rainbow Advocacy Youth Network COVID Jockedown Sessions

WEDNESDAYS during school term 2:30pm - 3:30pm on ZOOM - link will be sent when you register

Support and Social Group for LGBTQIA+ young people and their allies

**12-17** year olds

BIG

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#### email Nicole community@yellowumbrella.org.au to register

Connecting Community. Everyone. Everywhere.

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## LOCAL LGBTQIA+ GROUPS FOR YOUNG PEOPLE

# DIVERSIT

A SAFE PLACE FOR LG TO A+ YOUNG PEOPLE 16-24 In the Camden Area to Meet, Hang Out and listen to guest speakers

WHERE: JOIN US ONLINE!

WHEN: 2IST JULY 4-5PM 4TH AUGUST 4-5PM 18TH AUGUST 4-5PM IST SEPTEMBER 4-5PM 15TH SEPTEMBER 4-6PM

FOR MORE INFORMATION TO ATTEND, PLEASE CONTACT LAUREN @ Traxside - 0484 677 224 or laure.rimmer@health.nsw.gov.au

PLEASE FEEL FREE TO BRING A FRIEND OR ALLY







## LOCAL LGBTQIA+ GROUPS FOR YOUNG PEOPLE

